

# St. Peters Rec-Plex

## GUIDELINES & POLICIES



The St. Peters Rec-Plex has a number of guidelines and policies to make sure that we can all enjoy our facilities. Our first expectation is that **everyone respects other guests**. By showing consideration for others and cleaning up after ourselves, we keep the Rec-Plex a community treasure.



**The Rec-Plex is open to everyone, no matter where you live.** If you live in the City of St. Peters, be sure to **bring your Resident Privilege Card** for discounted resident rates.



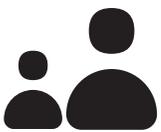
For your own benefit, **be aware of usage patterns**. Rec-Plex guests are more likely to feel comfortable when they are among other guests who use the Rec-Plex for the same purposes. In general, certain age groups use the Rec-Plex at certain times:

- The morning is a quiet time for adults to use the fitness rooms, ice skate, swim laps or enjoy the whirlpool or sauna.
- Weekends are a great time for families. Check out our online calendar at [www.stpetersmo.net/rec-plex](http://www.stpetersmo.net/rec-plex) for open swimming and ice skating.
- Weekdays are great for parents with young children.
- Older kids & teens seem to enjoy Friday and Saturday nights.



### Equipment Rentals:

For your convenience, the Rec-Plex rents towels, locks, basketballs and ice skates for one-day use. Bring a Resident Privilege Card, Rec-Plex Annual or GOLD PLUS Pass Card, or a valid driver's license for equipment rentals.



### Rec-Plex Age Policies:

- To enter the Rec-Plex, children under 10 years of age must be accompanied by a guardian at least 13 years old.
- In the **Natatorium (pool area)**, children under 9 years of age must be accompanied at all times by a guardian at least 13 years old. Children under 16 are not allowed in the hot tub, except when accompanied in the water by an adult during family hot tub hours.
- Ages 16 and up enjoy access to the **Fitness Areas (Weight/Cardio Rooms & Indoor Track)**. Children under 12 are not permitted. Youth ages 12-15, meanwhile, may gain access through one of these two options: A) Complete a Youth Fitness Orientation program provided by the Rec-Plex, or B) complete an initial consultation with a Rec-Plex personal trainer. After completing one of the above options, youth ages 12 & 13 **MUST** be accompanied by an adult in the fitness areas or on the track; meanwhile, adult supervision is not required, but highly recommended, for youth ages 14 & 15.



### Natatorium Waterslide Rules:

- Due to manufacturer regulations, you **MUST** be at least 48" (4-feet) tall to go down the waterslide.
- Only one person may go down the slide at a time—parents **MAY NOT** accompany their children down the slide.
- Goggles, face masks, lifejackets, flotation devices, etc., are not allowed to be worn down the slide.
- Articles of clothing **MAY NOT** contain metal rivets or any other pieces of metal that could damage the slide surface.



### Diaper Policy for Aquatic Patrons:

To maintain health standards, the Rec-Plex requires children who need diapers to wear a special aquatic or "swim" diaper in the water. These diapers are specifically designed for use in the water and may be purchased at our front desk. As an alternative, children may wear rubber swim trunks, which have elastic around the waist and leg openings.



### We Do Not Allow Outside Food or Drink In the Rec-Plex.

Everyone is welcome to try our Finish Line Cafe's menu of food and beverages. (You don't have to pay Rec-Plex admission to eat at the cafe.) Rec-Plex South also sells concessions during events.