



Fall 2021 Leisure Line Online Ice Skating Classes

Leisure Line online at www.stpetersmo.net/classes • REVISED 7-28-21

Our instructors will teach you skills developed by the Ice Sports Industry (ISI), a leading national ice industry trade association. You can learn to skate or improve your skills. Students will also have the opportunity to perform during Rec-Plex ice shows. We have classes for all ages and a variety of skill levels. Learn to Skate classes are 30 minutes in length. We'll provide skates if you need them. Classes meet at the Rec-Plex North Ice Arena, unless your class description says otherwise.

Tot through Delta students will enjoy FREE ADMISSION to all Rec-Plex public skate sessions for the duration of their registered course. Your course name tag must be shown to the front desk and skate rental counter to gain admission.

ISI membership is required for Pre-Alpha and above Ice Skating classes at the St. Peters Rec-Plex. Membership is valid September 1, 2021 - August 31, 2022. Multi-year memberships or single year memberships may also be purchased through the ISI website at discounted rates at skateisi.org. If you have registered online through ISI please contact Leslie Deason at Ldeason@stpetersmo.net or a registration specialist to waive your Rec-Plex annual \$17 ISI membership fee.

Adult Basic:

For skaters who are new to the ice and/or have not had previous formal ice skating instruction. Basic forward skating and stopping skills are taught along with balancing on one and two feet. This course teaches the foundation upon which more complex skating skills are developed. Helmet and gloves highly recommended but not required.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I921	9/7-10/19	Tue	6:20pm-6:50pm	RPX	\$73/\$92
I922	9/11-10/19	Sat	11:50am-12:20pm	RPX	\$73/\$92

Adult Workshop (Ages 16+): [ISI](#)

For skaters who have completed the Adult Basic class or equivalent. In this workshop skaters will work on skills specific to their current level. Class will be divided into similar skill levels as needed.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I934	9/7-10/19	Tue	6:55pm-7:25pm	RPX	\$73/\$92
I936	9/11-10/23	Sat	11:50am-12:30pm	RPX	\$73/\$92

Adult Matinee Workshop

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I935	9/8-10/20	Wed	11:45am-12:15pm	RPX	\$73/\$92

Tot and Me (Ages 3-5):

Kids 3 to 5 years old can bring a guardian (16+) to come learn to skate together. Introduction to the ice in a fun, game-oriented environment. Forward skating and stopping skills are introduced. This class is designed for children new to skating. Guardians must be at least 16 years old and be able to skate independently and confidently. Skates will be provided for guardians if needed.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I902	9/7-10/19	Tue	5:10pm-5:40pm	RPX	\$73/\$92
I903	9/7-10/19	Tue	6:20pm-6:50pm	RPX	\$73/\$92
I904	9/11-10/23	Sat	10:40am-11:10am	RPX	\$73/\$92
I905	9/11-10/23	Sat	11:50am-12:20pm	RPX	\$73/\$92

Tot Beginner (Ages 4-5):

For skaters 4 to 5 who have taken our Tot & Me class. This class will introduce ISI tot 1 & 2 skills, getting your skater independent, and working on forward skating skills and how to fall and get up.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I906	9/7-10/19	Tue	5:10pm-5:40pm	RPX	\$73/\$92
I907	9/11-10/23	Sat	10:40am-11:10am	RPX	\$73/\$92

Homeschool Tot Beginner:

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I910	9/8-10/20	Wed	10:30am-11:00am	RPX	\$73/\$92

Tot Advanced (Ages 4-5):

For 4 to 5-year-olds who have previously completed the Tot Beginner classes. Skaters MUST be able to skate independently and confidently. This class introduces ISI Tot 3 & 4 skills. Forward skating skills are further developed while backward skating is introduced.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I908	9/7-10/19	Tue	5:10pm-5:40pm	RPX	\$73/\$92
I909	9/11-10/23	Sat	10:40am-11:10am	RPX	\$73/\$92

Homeschool Tot Advanced:

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I911	9/8-10/20	Wed	10:30am-11:00am	RPX	\$73/\$92

Basic (Ages 6-15):

For skaters who are new to the ice and/or have not had previous formal ice skating instruction. Basic forward skating and stopping skills are taught along with balancing on one and two feet. This course teaches the foundation upon which more complex skating skills are developed.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I914	9/7-10/19	Tue	5:10pm-5:40pm	RPX	\$73/\$92
I915	9/7-10/19	Tue	6:20pm-6:50pm	RPX	\$73/\$92
I916	9/7-10/19	Tue	6:55pm-7:25pm	RPX	\$73/\$92
I917	9/9-10/21	Thu	5:15pm-5:45pm	RPX	\$73/\$92
I918	9/11-10/23	Sat	11:15am-11:45am	RPX	\$73/\$92
I919	9/11-10/23	Sat	11:50am-12:20pm	RPX	\$73/\$92

Homeschool Basic:

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I920	9/8-9/20	Wed	11:15am-11:45am	RPX	\$73/\$92



Fall 2021 Leisure Line Online Ice Skating Classes

Leisure Line online at www.stpetersmo.net/classes • REVISED 7-28-21

Pre-Alpha: [ISI](#)

For skaters who have completed the Basic class. Forward and backward skating skills are further developed while skaters are introduced to edge quality and stopping techniques.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I923	9/7-10/19	Tue	5:45pm-6:15pm	RPX	\$73/\$92
I924	9/7-10/19	Tue	6:55pm-7:25pm	RPX	\$73/\$92
I925	9/11-10/23	Sat	11:15am-11:45am	RPX	\$73/\$92

Alpha Skating: [ISI](#)

For skaters who have completed the Pre-Alpha class. Forward and backward skating skills are further developed while crossovers and stroking are introduced. Skaters should display confidence and control at all times.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I926	9/7-10/19	Tue	5:45pm-6:15pm	RPX	\$73/\$92
I927	9/11-10/23	Sat	11:15am-11:45am	RPX	\$73/\$92

Beta Skating: [ISI](#)

For skaters who have completed the ISI Alpha test, class, or equivalent. Skaters should be able to skate smoothly and fluently prior to enrolling in this class. Backward crossovers and stroking are introduced and developed along with T-stops.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I928	9/7-10/19	Tue	5:45pm-6:15pm	RPX	\$73/\$92
I929	9/11-10/23	Sat	11:15am-11:45am	RPX	\$73/\$92

Gamma Skating: [ISI](#)

For skaters who have completed the ISI Beta test, class, or equivalent. Skaters should be able to skate backward smoothly and fluently (including backward crossovers) prior to enrolling in this class. The skater is introduced to more complex skating skills, including methods of turning such as three turns and mohawks.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I930	9/7-10/19	Tue	6:55pm-7:25pm	RPX	\$73/\$92
I931	9/11-10/23	Sat	11:15am-11:45am	RPX	\$73/\$92

Delta Skating: [ISI](#)

For skaters who have completed the ISI Gamma test, class, or equivalent. Skaters should be able to skate confidently, fluently, and smoothly while turning easily from forward to backward, prior to enrolling in this class.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I932	9/7-10/19	Tue	6:55pm-7:25pm	RPX	\$73/\$92
I933	9/11-10/23	Sat	11:15am-11:45am	RPX	\$73/\$92

Intro to Artistry PreAlpha-Beta: [ISI](#)

This class is for skaters ages 6-12 who are at the Pre-Alpha, Alpha, or Beta level only. Skaters will have fun skating to music while learning choreography and style. This class will give them a foundation in basic body alignment, movement and line while using their current leveled skills.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I937	9/7-10/19	Tue	6:20pm-6:50pm	RPX	\$73/\$92
I938	9/11-10/23	Sat	11:50am-12:20pm	RPX	\$73/\$92

Intro to Artistry Gamma & Delta: [ISI](#)

This class is for skaters ages 6-12 who are at the Gamma & Delta level only. Skaters will have fun skating to music while learning choreography and style. This class will give them a foundation in basic body alignment, movement and line while using their current leveled skills.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I939	9/7-10/19	Tue	6:20pm-6:50pm	RPX	\$73/\$92
I940	9/11-10/23	Sat	11:50am-12:20pm	RPX	\$73/\$92

Intro to Artistry PreBronze-Bronze: [ISI](#)

This class is for skaters ages 6-12 who are at the Pre Bronze & Bronze level only. Skaters will have fun skating to music while learning choreography and style. This class will give them a foundation in basic body alignment, movement and line while using their current leveled skills.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I948	9/9-10/21	Thu	5:15pm-5:45pm	RPX	\$82/\$92

Freestyle Pre-Bronze: [ISI](#) DROP-IN ELIGIBLE

For NEW skaters who have recently passed the ISI Delta class or test. This class will introduce the freestyle 1 level and prepare skaters for the BRONZE class.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I950	9/9-10/21	Thu	6:45pm-7:15pm	RPX	\$82/\$92

Freestyle Bronze: [ISI](#) DROP-IN ELIGIBLE

For skaters who have passed the ISI Delta thru Freestyle 2 test, class, or equivalent. This class will work on elements in Freestyle 1-3. Beginning jumps, spins, and gliding maneuvers.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I951	9/9-10/21	Thu	6:45pm-7:15pm	RPX	\$82/\$92

Freestyle Silver: [ISI](#) DROP-IN ELIGIBLE

For skaters who have passed the ISI Freestyle 3-4 test, class, or equivalent. This class will work on elements in Freestyle 4-5. Intermediate jumps, spins, and gliding maneuvers.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I952	9/9-10/21	Thu	6:45pm-7:15pm	RPX	\$82/\$92

Freestyle Gold: [ISI](#) DROP-IN ELIGIBLE

For skaters who have passed the ISI Freestyle 5 test, class, or equivalent. This class will work on elements in Freestyle 6 and above. Advanced jumps, spins, and gliding maneuvers.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I953	9/9-10/21	Thu	6:45pm-7:15pm	RPX	\$82/\$92



Fall 2021 Leisure Line Online Ice Skating Classes

Leisure Line online at www.stpetersmo.net/classes • REVISED 7-28-21

Infinite Edges & Conditioning:

This class is open to Freestyle 1 - Freestyle 4 level to improve proper edges, turns, and control.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I901	9/7-10/19	Tue	5:10pm-5:40pm	RPX	\$82/\$92

Figure 8's:

Skaters who have passed the ISI Freestyle 1 test or above will be divided into groups by skill level to work on Skating figures, and other variety of elements for skating edges and footwork.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I945	9/8-10/20	Wed	5:15pm-5:45pm	RPX	\$82/\$92

EDGE Workshop:

Skaters who have passed ISI freestyle 1 test or above will be divided into groups by skill level to work on edges, proper turns, dance, moves in the field, figures, and other variety of elements to skating edges and footwork.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I949	9/9-10/21	Thu	5:15pm-5:45pm	RPX	\$82/\$92

Advanced Edge & Power:

For skaters who have passed the ISI Freestyle 4 test or above. Skaters will spend 15 minutes on correct blade edge work and 15 minutes on endurance building power exercises.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I943	9/11-10/23	Sat	8:15am-8:45am	RPX	\$82/\$92

Jump & Spin Workshop:

For skaters at the Freestyle 1- Freestyle 4 level. Skaters will be divided into groups by skill levels as needed to work on components and techniques to a variety of jumps and spins.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I944	9/7-10/19	Tue	5:45pm-6:15pm	RPX	\$82/\$92

Axel Workshop:

For skaters who have passed the ISI Freestyle 4 test or above. Skaters will be taught exercises and techniques to develop the Axel jump. Maximum 5 skaters allowed.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I946	9/8-10/2	Wed	5:15pm-5:45pm	RPX	\$82/\$92
I954	9/11-10/23	Sat	10:40am-11:10am	RPX	\$82/\$92

Double Jumps:

This class is open to skaters who have passed the Freestyle 5 level and above and have landed an Axel consistently. Double Jumps will be the only focus of this class. Max 7 skaters allowed.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
I947	9/8-10/20	Wed	5:15pm-5:45pm	RPX	\$82/\$92

Be A Spooky Star:

Be A Spooky Star Skating Exhibition is for all skating levels from the very beginner to the advanced! To participate you will need to choose a Rec-Plex coach and schedule at least 3 private lessons. They will help you choose music and put together a routine.

To find a coach speak to your group class instructor, visit our coaches board in the lower lobby, or ask the skating director to help you find a coach..

SOLO:

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
1991	10/23	Sat	12:30pm-1:30pm	RPX	\$32/40

DUET:

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
1992	10/23	Sat	12:30pm-1:30pm	RPX	\$40/50

Freestyle Package: Flex Registration Punch Card

Figure and synchro skaters who want to skate on a regular basis can SAVE money and purchase a Freestyle Package Punch Card at www.stpetersmo.net/rec-connect.

Freestyle Package Punch Cards are good for (20) thirty-minute freestyles.

General Public Freestyle Punch Card: **\$130.00**
Rec-Plex Member Freestyle Punch Card: **\$100.00**

Flex Cards expire on December 31, 2021!

Freestyle Practice Sessions

The St. Peters Rec-Plex offers practice sessions for figure skaters who are practicing advanced skating skills.

Advanced sign-up is required. To register, visit www.stpetersmo.net/rec-connect and sign up using the Flex Registration module.

There is a maximum attendance of 25 skaters for each freestyle. First visit to any freestyle session MUST be accompanied by a private coach to review freestyle rules.

General Public Half-Hour Session: **\$9.25**
Rec-Plex Member Half-Hour Session: **\$7.00**

General Public 1-Hour Session: **\$15.00**
Rec-Plex Member 1-Hour Session: **\$10.50**